

Bella Medspa

Committed to providing outstanding products and services to help you look your best!

How to prepare for Laser Hair Removal Treatment

1. Stop all active suntanning, tanning booths and tanning lotions for at least 2 weeks prior to your treatment.
2. Keep skin as close to your natural baseline skin color as possible throughout the course of your treatments. Sun exposure increases your risk of side effects and burns from laser treatment. Sun exposure during the sunnier months of the year simply has to be managed to enable us to deliver an effective treatment with the least amount of side effects as possible.
3. Stop tweezing, waxing, bleaching and depilatories.
4. Shave the area to be treated just before treatment. The closer the shave, the more comfortable AND the more effective your treatment will be.
5. Certain antibiotics will make your skin extremely sensitive to the laser. Please let our staff know prior to your appointment if you are taking antibiotics. We may ask you to reschedule.
6. If you are pregnant, cancel your appointment, drink a big glass of water and put your feet up. We do not treat pregnant women but we will see you after you have your little bundle!
7. At Bella Medspa we choose not to treat the underarm, chest wall or breast area of women who are lactating.
8. Be aware that when the sun is up on your side of the earth, you are getting sun exposure. Just by simply being aware of the sun exposure you are getting will help you limit that exposure. Wearing sunscreen will help you limit your risks of side effects during laser treatment, reduce the risk of skin cancer AND help you maintain that youthful appearance that people pay dearly to get back!

Our practitioners are committed to our treatment and safety protocols which have been developed over years and years of practice and hundreds of thousands of treatments.